

**The following courses related to emotional trauma are offered to child welfare staff**

**UMB Early Childhood Mental Health Series ( 6 parts) : Engaging Families**

This workshop is the fourth in a series of six, it is designed to provide a panel discussion about strategies to improve partnerships that promote understanding and collaboration in the child welfare system. Additionally, participants will develop and understanding of parent's challenges regarding mental illness, trauma histories, substance abuse, developmental delays, and health problems.

**Domestic Violence Series 4 of 4: Special Populations: Elderly, Disabled, Adolescents, Children and LGBTQ NEW**

This is part four of a four-part training series designed to equip participants with knowledge and skills to work with victims of domestic violence, abusive partners, and their children. Part 4 is designed for caseworkers that have a basic understanding and knowledge of domestic violence terminology, victim's services and their families. During this course participants will gain an understanding of the unique needs of traditionally underserved populations related to gender, sexual orientation, disabilities, and age. Additionally, they will gain an understanding of how exposure to domestic violence impacts children. In conclusion, participants get information about how to prevent burnout and vicarious trauma, caused by working in the field of domestic violence, through an individualized self-care plan.

**UMB Medical Aspects of Child Abuse and Neglect, 3 of 3 NEW**

This full day session will go beyond the basics to address more challenging topics in child abuse and neglect. Specific topics will include: Healthcare Needs of Foster Youth and the Medical Home, Drug Exposed Newborns and Children, Understanding Child Development and Behavior, and Prevention of Child Maltreatment. Participants will leave with an understanding of the special health care needs of foster youth. They will understand the short and long term effects of drugs of abuse on children, as well as the specific needs that these children may have. Participants will also leave with an understanding of normal and abnormal child development and behavior, and when to be concerned that a child's behavior may reflect exposure to abuse or neglect. The session will end with a discussion of effective programs to prevent maltreatment, and what child welfare workers can do to help prevent maltreatment

**An Introduction to Working with Survivors of Child Sexual Abuse**

This is an interactive, training intended for new Child Welfare Professionals and professionals with minimal experience working with cases involving child sexual abuse. According to The United States Administration for Children and Families 9.1% of child maltreatment cases come to the attention of

Social Services departments due to sexual abuse. Professionals in the field of Child Welfare acknowledge that sexual abuse is often under reported, with many cases never becoming known to the agency. Additionally, many youth who have been sexually abused come to the attention of the agency for reasons of neglect or physical abuse rather than sexual abuse. Understanding the dynamics of sexual abuse and being able to effectively work with sexual abuse survivors is essential to success as a Child Welfare professional. After participating in this training Child Welfare professionals should be able to: recognize signs and symptoms of child sexual abuse (CSA), identify and respond to maladaptive survivor coping strategies, implement tools for responding to disclosures of sexual abuse and assist in developing a foundation of healing for survivors.

### **Substance Abuse: Alcohol & Drugs: What we Believe, Think and Know Part 1 of 2**

This two part workshop is targeted to child welfare line staff. It explores the basics of addiction, varieties of recovery experiences and will briefly review the signs and symptoms of use. It presents a client centered, recovery oriented framework of care for substance abusing clients. Participants will understand the need to become more oriented to recovery from addiction, recognize the differences between an acute care model of practice and a chronic care model of practice. Finally, participants will be able to explain and utilize components of a client centered, recovery oriented system of care for addicted individuals in the child welfare system.